



FIGHT IT WITH . . .

# Common Sense

AMERICA'S NEWSPAPER AGAINST COMMUNISM

Copyright Registered 1948 United States Patent Office.

"The Truth, the whole Truth,  
and nothing but the Truth"

Without fear or favor,  
C. W. G. G. G.  
FOUNDER AND EDITOR

**SUBSCRIPTION RATES:**

Plain envelope, unsealed .... \$1.  
Plain envelope, sealed ..... \$3.  
Foreign & Canada, (10 mos.) \$1.

Issue No. 360 (16th Year)

Union, New Jersey, U.S.A.

March 1, 1961

Entered as Second Class Matter  
January 27, 1948, at the Post Office at Union, N. J.,  
under the Act of March 3, 1879

**FIVE CENTS**

# FLUORIDATION FOLLY

## ARE YOU FORCED TO DRINK RAT POISON?

by Charles B. Hudson  
3550 So. Penn St., Englewood Colo.

A tremendous drive is on to fluoridate water supplies of the nation. U.S. Public Health Service and American Dental Assn. front for the powers-behind-the-scenes. Their support helps persuade many other organizations to endorse, and work for installing equipment that injects deadly poisonous fluorides (usually sodium fluoride) at water-works plants into water supplies. The excuse is that fluoridated drinking water helps cut down dental decay in children, and thus will benefit their health all their lives. To oppose fluoridation therefore puts such opponents in the unenviable category of meanies who are against children's welfare.

Despite this emotional disadvantage, with powerful organizations such as governmental agencies, societies, chambers of commerce, and most of press, radio and TV, with many millions of dollars to influence the public, the power of truth is demonstrated in the fact that pro-fluoridationists admit a losing battle. Witness President of ADA Dr. Chas. H. Patton complaining that at Nov. 8, 1960 polls, only 5 towns with 40,000 population approved fluoridation, while 1,000,000 people in 29 counties in 11 states defeated it.

Under date of Feb. 1961, Changing Times in The Kiplinger Magazine, published in Washington D.C. admits:

"Anti-fluoridation forces apparently are winning the battle over treatment of water to check tooth decay. About four out of five communities turned down the idea last year in public referendums, a development that has caused dejection in the fluoridation camp. U.S. Public Health Service figures indicate a decrease in cavities, particularly among children, in communities which have been using the fluoridated water."

Since those admissions, the drive to fluoridate has been stepped up. National Broadcasting Company (headed by Russian-born jew David Sarnoff, and son Robert) stages two nationwide programs purporting to debate both sides of fluoridation controversy on Feb. 7, and Feb. 18, 1961. Pro-fluoridationist Dave Garroway devotes his 7 to 8 AM program on Channel 4 at Denver Colo to a one-sided misnamed "debate" between Dr. A. Allen London (against) and a doctor or dentist whose name I did not get (for). The "debate" was broken up during the hour program so that little actual time was given to Dr. London to present arguments against fluoridation.

The TV shots were taken at Jewett City, Conn., where citizens are to vote on whether to fluoridate their public water supply. Televised a pro-fluoridation committee meeting, giving speakers opportunity to advance reasons for fluoridation. Featured Dr. Ast of Newburgh N.Y. who purported to give benefits enjoyed by children at this one



Above you see an actual photograph of a man placing fluorine in the water supply of some unsuspecting community. Fluorine is such a deadly poison that it would be fatal to come in contact with it. There is a plan to put it in your drinking water if it is not already there. Are you aware of this? If not, you better investigate and do something about it immediately.

of first cities to fluoridate their water supplies (in 1945). Dr. Ast never mentioned that over 10% of children's teeth are mottled, a sign of fluoride poisoning. Dave Garroway tried to explain why they had no pictures of anti-fluoridation meetings. Had shots of few persons questioned on the streets, where several expressed doubts as to desirability of fluoridation. Garroway did admit that 48 out of 53 towns had turned down fluoridation at the polls. He also expressed surprise that the pro-fluoridationist doctor refused to debate with anti-fluoridationist Dr. London. This proponent emphasized so many societies have endorsed fluoridation, therefore there was nothing to debate. Painted picture of opponents as being vicious. To give an idea of the atmosphere in this misnamed "debate", a TV shot was made of a building with a Nazi Swastika splashed on it. Denied fluoridation was a Communist Plot. Hence the idea was planted that anyone opposing fluoridation was a Nazi. That opposition is highly organized, as claimed by pro-fluoridationists, was disproved when they admitted no TV shots of anti-fluoridationist meetings could be obtained.

In the few minutes allowed to Dr. London he questioned reliability of pro-fluoridationist "statistics." Pointed out that at Philadelphia, where claimed benefits already enjoyed by school children were attributed to their drinking fluoridated water, their "statistics" ignored such vital facts as vastly increased number of treatments of children's teeth by dental clinics since water was fluoridated. Such "statistics" also ignored the facts that schools had stopped selling candy to children; had also stopped peddlers outside of school buildings. To sum it up, this N.B.C. purported "debate" on desirability of fluoridation was about 80% for and only 20% against.

Illustrating further the one-sided presentation of the fluoridation controversy, the featured N.B.C. 30 minutes nationwide "debate" "Public Drinking Water Desirable?" also found the pro-fluoridation debater refusing to debate the question of medical effects of fluorides on the human body. Also, instead of having qualified scientists do the debating, N.B.C. televised at New York City shadow-boxing between two Mayors. N.B.C. refused to have such as world's best informed authority on the faults and fallacies of fluoridation, Dr. Fred B. Exner of Seattle Wash. (where fluoridation was defeated). This nationwide NATION'S FUTURE telecast (at Denver Colo. on Channel 4 at 7:30 to 8 PM) on Feb. 18, 1961, was followed at some cities by local NATION'S FUTURE programs, thus proving that a highly organized effort was made to sell American voters on fluoridation, in anticipation of voting to take place this spring, thruout the nation. As on the Garro-way telecast, opponents of fluoridation were made out to be "crackpots", if not worse. In the Denver local NATION'S FUTURE 30 minutes program following the nationwide telecast, the same tactic was employed.

On the nationwide telecast, anti-fluoridationist Mayor Wm. B. Hartsfield of Atlanta Ga. was pitted against Mayor S. J. Davis of Grand Rapids Mich. They read prepared 3-minute statements, and then followed exchange in which Mayor Davis became increasingly abusive, constantly interrupting Mayor Hartsfield when he tried to present facts against fluoridation. Finally, Mayor Hartsfield heatedly objected to being called a "crackpot". The audience at first seemingly was packed for Mayor Davis, but apparently his tactics helped sway the applause for Mayor Hartsfield, towards the end of the misnamed "debate". Indicative of tactics employed, in question period a Columbia University professor tried to discredit Mayor Hartsfield who was better equipped in the give-and-take exchanges. Also, Mayor Davis read a telegram from Atlanta Dental Society to effect that Mayor Hartsfield did not represent the citizens of Atlanta. Mayor Hartsfield exploded that he had been in



### - FLUORIDATION FOLLY -

Continued from page 1

public life 23 years, and had run for re-election as Mayor on a platform opposing fluoridation. He claimed that 42 out of 56 cities that voted in 1960 on fluoridation, turned it down.

At Denver, a professor, Dr. Walden, offered the usual claims as to safety, 65% reduction of dental decay, claiming even 8 times the recommended 1 part per million of fluoride in drinking water is safe, but **admits it might cause mottling of teeth.** His opponent, Dr. De. Boer a chiropractor, gave a much more detailed list of objections. Mentioned the **corrosion of pipes, fittings, water tanks, etc.,** giving Concord, N. H., as example, where after 7 years trial, voters kicked fluoridation out in Nov. 1959 by more than 2 to 1. Dr. Walden didn't believe corrosion was caused by fluorides in water—seemed ignorant on that phase. Dr. De. Boer exploded the comparison of table salt with sodium fluoride. The same amount of table salt that can be taken safely, causes death when dosage is sodium fluoride. Many doctors when patients have certain diseases, cut down or discontinue intake of table salt. But most people are dependent on local water supplies, and cannot afford to buy bottled water to regulate intake of sodium fluoride. Dr. De Boer pointed out that no one nor any group, not even **U.S. Public Health Service,** accepts any responsibility for damages done by fluorides. Counteracting proponents claims that naturally fluoridated water is the same as artificially fluoridated water, Dr. Boer pointed out that fluorine's affinity for calcium offers a measure of protection, but arbitrarily injecting man-made sodium fluoride into drinking water does not take into account other minerals already present in the water.

Dr. Walden admitted that at Tucson Arizona they add only 6/10ths of one part per million of fluoride to their water supply. Dr. De Boer reads from report by Arizona professor showing that decay of teeth is accelerated by mottling caused by fluorine in water. Walden summed up his presentation by claiming that anti-fluoridations are anti-other health ideas, and that it is tragic that opponents to fluoridation often succeed. Dr. De Boer quoted statement made by **Pres. Eisenhower, on freedom of individual to have kind of medication he desires.**

#### DOCUMENTATION

As to Dr. Ast's claims for children's teeth benefited at Newburgh, N.Y., fluoridated since 1945, New York State school authorities investigation proved just the reverse. In Kingston, teeth of 5,308 children were inspected; 2,209 found with tooth defects (41%). Kingston's water is **not** fluoridated—compare children's teeth there with fluoridated Newburgh: 4,969 pupils inspected; 3,139 have tooth defects (63%). I.e., school children's teeth in fluoridated Newburgh **over 50% worse** than Kingston's! At Pittsburgh, Pa., where water is fluoridated, 90% of children have tooth troubles. As to claims that up to 8 ppm of fluoride in water is safe, at Newburgh, 17% of school children have mottled teeth, the first sign of blood stream poisoned with fluorine. Yet Newburgh injects only 1 ppm of fluoride into its water supply.

As long ago as 1938, the University of New Mexico bulletin "The Menace of Fluorine To Health," which reports scientific investigations of water supplies by **John D. Clark** and **Edward H. Mann,** claims research in 1931 proved that fluorine in water causes mottling of teeth. In 1933 **USPHS** sent questionnaires to dentists and health officers of each County in New Mexico securing information on tooth mottling, so that Govt. Agency has known for 28 years the damage done by fluorides in water supplies. This 1938 Report claims the **danger point** is as little as 0.9 ppm of fluoride in water. Actual tests were made on animals. Months were spent in research. Much research was done

### FORMER COMMUNIST AGENT REVEALS PLOT

To Whom It May Concern:

I, Oliver Kenneth Goff, was a member of the Communist Party and the Young Communist League, from May 2, 1936, to October 9, 1939. During this period of time, I operated under the alias of John Keats and the number 18-B-2. My testimony before the Government is incorporated in Volume 9 of the Un-American Activities Report for the year 1939.

While a member of the Communist Party, I attended Communist underground training schools outside the City of New York; in the Bues Hall, and 113 East Wells Street, Milwaukee, Wisconsin. The East Wells Street School operated under the name of the Eugene Debs School. Here, under the tutoring of Eugene Dennis, M. Sparks, Morris Childs, Jack Kling and others, we were schooled in the art of revolutionary overthrow of the established Government.

We were trained on how to dismantle and assemble mimeograph machines, to use for propaganda purposes during the revolution; how to work on guide wires and fuel lines of airplanes so that they would either **burst into flames or crash to the ground** because of lack of control; how to work on ties and rails to wreck trains; and also the art of poisoning water supplies.

We discussed quite thoroughly the fluoridation of water supplies and how we were using it in Russia as a tranquillizer in the prison camps. The leaders of our school felt that if it could be induced into the American water supply, it would bring about a spirit of lethargy in the nation; where it would keep the general public docile during a steady encroachment of Communism. We also discussed the fact that keeping a store of deadly fluoride near the water reservoir would be advantageous during the time of the revolution, as it would give us opportunity to dump this poison into the water supply and either kill off the populace or threaten them with liquidation, so that they would surrender to obtain fresh water.

*Oliver Kenneth Goff*  
Oliver Kenneth Goff

STATE OF COLORADO )  
                                  ) SS  
COUNTY OF ARAPAHOE )

OLIVER KENNETH GOFF, being first duly sworn upon his oath, deposes and says that he has the above and foregoing instrument and knows the contents thereof, and that the same are true of his own knowledge except as to those matters stated on information and belief and as to those he believes them to be true.



*Oliver Kenneth Goff*

and sworn to before me this 22nd day of June, A. D., 1957.  
*Joe J. Johnson*  
Notary Public

to find out how to remove fluorides in excess of 9/10ths of 1 part per 1,000,000; 0.9 ppm being the critical point. Yet, today **USPHS** and **ADA** claims up to 8 ppm not harmful! And, artificially fluoridated water with sodium fluoride is more toxic than water containing naturally calcium fluoride. This 1937-1938 research was largely based on the less toxic calcium fluoride found in many water supplies in New Mexico. Mottled teeth are defective in formation and calcification and structurally weak; defect is permanent, and irreparable. Fluorine passes into the bloodstream and interferes with calcification of unerupted teeth in children. Yet, today pro-fluoridationists are feeding fluorine to expectant mothers! How many still-born babies can be traced to this?

Enamel of adult teeth is unaffected by fluorine, but the dentine, which receives nutrients from the blood stream continually, and whose composition is subject to change, will suffer. Bones of fluorine fed animals are always chalky and fragile as are the teeth. Solutions of sodium fluoride with fluorine content as low as 1 part in 15,000,000 may inhibit the action of lipase as much as 50%. Coagulation time of blood is prolonged by fluorine in the water; while fluorine poisoning exhibits a very specific effect on the thyroid glands. Vegetation growing in the vicinity of aluminum factories, from which fluoride is given off in waste gases, absorbs this fluorine. Symptoms of fluorine poisoning (leading up to death) have been reproduced by feeding the suspected forage to guinea pigs. Aluminum corporations sell this deadly sodium fluoride to cities for injecting into their water supplies. Now, when you realize that the **USPHS** and undoubtedly the **ADA** have had the facts about fluorides since the 1930's, isn't the word "folly" a bit too mild? Are not those behind it, really traitors?

Of course they deny that fluoridation is a Communist conspiracy. Yet, Major **George Racey Jordan**, who was in charge at Great Falls, Montana during World War II, expediting shipments of vital war supplies to

Russia, reports quantities of sodium fluoride flown to Russia. **Used in prison camps to take all the fight out of prisoners!** Former Communist Party leader, **Oliver Kenneth Goff**, who has appeared before Congressional Committee, and now a Christian crusader, made an affidavit. Maintains that in the 1930s at Communist meetings, the use of fluorides stored at water works was discussed as a means of **wiping out city populations** so that the Communists could occupy vast properties undamaged, without resistance! In New York City (which so far has refused to fluoridate), a "**Public Affairs Committee**" put out a pamphlet with the usual propaganda for fluoridation. The **House Committee on Un-American Activities** (which Reds and Pinks are working so hard to destroy) reported that of 32 names on booklet's masthead (committee members), **15 had been cited for Communist activities from 1 to 35 times.** Its editor, **Maxwell S. Stuart** is a Russian, former editor of **Moscow News**, in charge of Communist propaganda in America, with present-day job to propagandize fluoride into every municipal water supply in USA. **Prof. Revido Pendleton Oliver** of University of Illinois, stated last spring that between 70% and 80% of the responsible officers of the **Department of Health, Education & Welfare** (now headed by **Abe Ribicoff** ✗), which includes **USPHS,** are members of the Communist conspiracy. Before it was taken over by the **Reds,** **USPHS,** had reported that Kewanee, Ill., with only 0.9 ppm of fluoride naturally, of 123 children examined, 58 had mottled teeth. In Chandler, Ariz. (0.8 ppm naturally), of 95 examined, 55 had mottling. In Colorado Springs (2.5 ppm naturally), mottling of teeth so excessive that the maximum allowable limit delivered at home faucets is now 1.5 ppm. As recently as in 1956, Journal of **American Dental Assn.,** Vol. 52, p.323, admitted that in artificially fluoridated Newburgh, New York (1.2 ppm), after just 10 years of fluoridation, 17% of children have mottled teeth. And, in 1941, **H. T. Dean, DDS,** so-called "father of flu-



THE SUNDAY ENTERPRISE (Beaumont, Texas)



oridation" of USPHS, warned that the disadvantage of mottling at 2 ppm (only 2 parts of fluoride to 1,000,000 parts of water) far outweighs any advantage which might result from partial control of dental caries.

Since to Communists, to lie, to gain an advantage is not only tolerated, but demanded, what are you going to think about such as Dr. T. R. Van Dellen whose "How To Keep Well" is syndicated to millions of readers? In his Feb. 26, 1960 column in Chicago Daily Tribune he questioned fluoridation as being the "best" way to reduce cavities in teeth, saying in part: "... a better preventative than fluoridation would be a boon to mankind..." Less than 2 months later his column was devoted to attempting to prove that fluoridation is "best", and that there is no need for further research. His column slapped opponents as keeping benefits from children, that controlled fluoridation is safe, works, inexpensive, and reduces dental decay 65%, with protection lasting a lifetime, if started in childhood. "Eight times as much fluoride as is being used at present in tooth decay prevention programs can be employed safely and will not injure health..." The addition of fluoride is similar to chlorination and other sanitary procedures employed by water engineers". The biggest lie is claiming that fluoridation is similar to chlorination. Actually, there is no similarity: chlorine kills bacteria; fluorides kill people. Heating water in cooking, hot drinks, baths, etc. vaporises chlorine, while heating fluoridated water increases the saturation of fluorine, thus increasing the dosage of a deadly corrosive poison. Too much chlorine is detected by its smell, but fluorine is odorless; too much chlorine is detected by its taste; fluorine is tasteless.

by installing a machine to add sodium hydroxide to their water. Prior to fluoridation they had to flush their hydrants only twice a year, but after water was fluoridated they had to flush the system every six weeks. They also had troubles with corrosion of copper tanks and copper pipes together with brass and iron. After 7 years of fluoridation, at the November election the citizens voted it out by more than 2 to 1. Sheyboygan, first Wisconsin city to fluoridate, not only has epidemic of busted water-mains, but plumbers are suffering re guaranteed appliances which are wearing out ahead of time. Sheridan, Wyoming, first city in that state to fluoridate, after having similar troubles, kicked fluoridation out with vote of more than 2 to 1.

An authority that cannot be laughed off as "crackpots": Merck's Index (Bible of the pharmaceutical profession) has this to say about fluoride: **USES:** As insecticide, particularly for roaches, lice on poultry, fleas on dogs, ants; for disinfecting fermentation apparatus, etc. **TOXICITY:** Severe symptoms from 0.25 to 0.45g. Death from 4g. Sublethal: Nausea, vomiting, abdominal distress, diarrhea, stupor and weakness. Lethal: Muscular weakness, tremors convulsions, collapse, dyspnea, respiratory and cardiac failure and death. Chronic: Mottling of enamel, osteosclerosis.

Dr. Alonzo J. Shadman, M.D. of Boston: "The action of this poison is slow and cumulative." Dr. Charles Gordon Heyde, M.D., a past president of A.M.A.: "Fluorine and its various compounds are not readily eliminated and are cumulative. It has greater tendency to combine with heavy metals and when accumulated in the body is stored in the bones producing a state of chronic poisoning of which a pernicious anemia is outstanding." The Medical Society of Bay Ridge, New York: "No one knows for certain as to what the effect of fluoridated water will be on the human body if continued throughout a lifetime."

In Massachusetts, President Kennedy's home state, the General Court is putting the finishing touches on a measure that throws another obstacle in front of the fluoridation drive by tightening the referendum requirement. Today, some 15 years after the alleged benefits began to be noised about, only 25 of Massachusetts 351 cities and towns fluoridate their water supplies. Which reminds that the outgoing President, Ike Eisenhower was taken off of Washington D.C.'s fluoridated water (which was fluoridated without residents having any say), and put on bottled water by his physicians. He always took bottled water with him on his many trips. The United States Senate also drinks bottled water. Dear reader, what are you drinking? What will you do if attempts are made to poison your water supply?

As to only "crackpots" being opposed to fluoridation, 15,000 members of the American Medical Assn., in good standing, belong to the Association of American Physicians and Surgeons, Inc., which passed a Resolution against fluoridation at their April 12 1958 Convention held at San Francisco. Fluoridation is opposed by many medical associations—Texas (where many communities have fluorides naturally in water supplies) Medical Society refused to endorse it. Nobel Prize Winners are among those who oppose fluoridation. Sweden, after investigating fluoridation in U.S.A., has passed legislation against it. After 15 years of millions of dollars (mostly taxpayers money without their consent) worth of propaganda, often involving bribery and intimidation, only 36,000,000 people live in fluoridated communities. Only 5% of them ever voted for it—95% of fluoridation installations brought about by individuals in such key spots as Councilmen. That means 144 million Americans are drinking unfluoridated water.

If there had been any improvement in Grand Rapids Michigan children's teeth in past 15 years, how do you account for practically twice as many dentists practicing there now as were located in Grand Rapids in 1945? U.S. Census figures and telephone directories prove that Grand Rapids in 1945 had population of 170,000 and 100 dentists—1 dentist for every 1,700 persons. Now their population is only 175,741, but there are 195 dentists—1 for every 896 persons. A population increase of only 3.37%, but an increase in dentists of 95%. Must mean that fluoridation is not helping teeth, but is destroying them, just as death rate from number of diseases has been speeded up in Grand Rapids.

Denials that fluoridation causes corrosion, and costs much more than profluoridationists claim, are met by the actual experiences in many cities, which explains why over 100 communities have kicked fluoridation out after trials running into 11 years. Mayor Chas. P. Johnson of Concord, N. H. writes that having the great amount of corrosion to water valves and private pipes, they tried to partially remedy the effects of fluoride at an extra expense of \$15,000.00

## FLUORIDATION

### A FEW QUESTIONS - - AND ANSWERS

Republished from  
The Canadian Intelligence Service

#### WHAT IS FLUORIDATION?

Fluoridation means the adding of a powerful cumulative poison, usually sodium fluoride or sodium silico fluoride, to the water supplies of a community for the purpose of reducing tooth decay in children. The recommended dosage is one part fluoride to one million parts of water (1 ppm).

#### WHERE DID IT ORIGINATE?

It seems to have originated as a result of a report by Dr. George W. Heard, a dentist of Hereford, Texas, more than thirty years ago. He announced that the soil in the Deaf-Smith County was so rich in minerals that there was hardly a toothache in the county. Twenty-three years later other dentists investigated and concluded that it might be due to the fluoride in the water.

Dr. Heard himself says: "With this (conclusion) I do not concur. Fluorine in water is a deadly poison, inorganic, and cannot be properly assimilated by the human organism. It is purely an inorganic drug. Fluorine in soil and water is not a food, but plant life grown in this soil converts this mineral, which is a poison, into food values which prevent disease." (U.S. 83rd Congress Hearing on H.R. 2341, page 50)

#### WHAT IS FLUORINE?

Fluorine is one of the most active elements known to man -- so active that it is never found in nature, and can be produced only with great difficulty in a laboratory because it explodes with great violence upon contact with air or water.

#### WHAT ARE FLUORIDES?

Fluorides are the salts of fluorine. They occur as by-products in two large industries: the aluminum and chemical fertilizer industries. They have been used for many years as rat and roach poison, being tasteless and odorless.

The most poisonous of these fluorine salts is sodium fluoride, used in water fluoridation. Less poisonous is the more stable calcium fluoride found in nature; and the least poisonous are the organic calcium-phosphorous fluorides found in foods.

#### WHENCE THE PROMOTION?

In 1944 Oscar Ewing was put on the payroll of the Aluminium Company of America, the law firm with which he was associated being retained at \$750,000 per year. A few months thereafter, Mr. Ewing was made Federal Security Administrator, with the announcement that he was taking a big salary cut in order to serve his country. (Federal Security Agency, now Department of Health Education and Welfare).

The period of his administration was



# DANGER AHEAD

## - URGENT AND IMMEDIATE -

Two identical Bills embodying President Kennedy's recommendation for federal aid to education have just been presented to Congress—Bill HR-4970 introduced by Rep. F. Thompson (D.N.J.) and Bill S-1012, introduced by Sen. Wayne Morse (D.Ore.) These Bills are made identical in order to speed their passage. The President estimates that his program will cost \$5.6 billion by 1969. Other private research put the cost at 24 billion by 1969.

Even official data shows no classroom or teacher shortage that cannot be met by communities. Yet the Government proposes to provide more teachers, raise salaries, build schools, promote new educational projects. The Bills state that Government "will not exercise control over personnel, curriculums and programs of instruction." But the Government is obligated to direct spending of public funds. Make no mistake, if these Bills go through the federal government MUST control our public school system, what our children are taught and by whom they are taught, and local Boards will be robbed of their school concerns.

Write your Senators and Congressmen protesting these Bills.

PUBLIC ACTION, INC.  
131 E. 69th St., New York (21), N.Y.

## - TO NEW READERS -

If you want to acquaint yourself with the policy of "Common Sense," we offer to our new readers twenty five (25) different issues (our selection) for one dollar. This will give you a wealth of valuable material and will bring you up to date on current events. After you have read these issues yourself, pass on to friends and relatives who need to be informed. An informed public can turn the tide of battle.

Remember—

THE PEN IS MIGHTIER  
THAN THE SWORD!

## FLUORIDATION

—o— Continued from page 3. —o—

years of huge budgets, with untold millions being doled out through grants to medical and dental colleges and state departments of health, for research and welfare projects. There was plenty of money, too, for 'educational' projects, and in 1951 Mr. Ewing asked for two million dollars for fluoridation propaganda.

Naturally, grants were awarded to those organizations and institutions sympathetic to the policies and pronouncements of the U.S. Public Health Service, which had become a powerful bureaucracy. These grants were powerful weapons.

The U.S. Public Health Service, with millions at its command for 'education', thus became a huge propaganda machine, with movies and expensive brochures, lectures, radio, and generous expense accounts for officials. Every aid was employed to boost fluoridation, with a concentration on parent-teacher associations, to convert them into enthusiastic if misinformed, promoters of fluoridation. For all practical purposes, the U.S. Public Health Service became a huge advertising agency in the service of several affluent corporations.

### WHAT IS CLAIMED FOR FLUORIDATION?

That it will reduce tooth decay (dental caries) in children by 66%.

### DO FLUORIDES CAUSE GUM DISEASE?

Many authorities, such as Dr. H. K. Box of the University of Toronto, and Dr. G. C. Geiger, Florida State Dental Officer, have

observed a marked increase in periodontal (gum) disease from protracted intake of minute amounts of fluoride in water. This disease, considered more serious than tooth decay, causes loss of teeth at an early age.

Another long-recognized effect of fluoride is a tendency to cause teeth to come in crooked.

### DOES FLUORIDE HELP CHILDREN'S TEETH?

It would seem to delay decay a year or so. Dr. Chas. Dillon, using the official Newburgh figures, shows that the actual increase in sound teeth was 7%.

The Grand Rapids and Newburgh studies have been severely criticized for bad statistical work by four different sets of statisticians: K. K. Paleuv, General Electric engineer and statistician; Standard Audits and Measurements Inc., N.Y.; Melbourne University's Statisticians with Sir Arthur P. Amies, Dean of the Dental School; and the Institute of Hygiene in Paris. The consensus of their opinion seems to be that the Newburgh-Grand Rapids studies don't mean too much.

### WHAT DO THE NEWBURGH DENTISTS SAY?

None confirmed the 66% reduction in tooth decay claim. Some noted a slight improvement. All agreed that 30% of the children born since fluoridation started had mottled teeth (Newburgh News, Dec. 14/55, after ten years of fluoridation).

### DO FLUORIDES DISFIGURE TEETH?

Mottling, or chalky spots, appear on the permanent teeth of about one child in four brought up on fluoridated water. These chalky spots turn brown or black later on, are sometimes pitted, and cannot be repaired. The upper front teeth are most often mottled.

### IS SODIUM FLUORIDE A NATURAL PRODUCT?

No. There are places where fluoride does occur in water naturally (Stratford, Ont., for example). But the fluorides found naturally are usually organic calcium fluorides which are in combination with other natural elements serving to inhibit and neutralize the toxic effects of the fluorine, and which can be assimilated by the body; whereas the artificially fluoridated water is obtained with sodium fluoride, which is an inorganic, cumulative poison eighty-five times more poisonous than the natural fluoride.

### IS FLUORINE A "CUMULATIVE" POISON?

Yes. Any good medical reference book will confirm this.

Radio-active tracer studies by Dr. Wallace Durbin at California University proved that no matter how small the amount swallowed, some of it is always retained in the body. Bones of old animals always contain more fluorine than bones of young animals.

### DO ALL STORE FLUORINE AT THE SAME RATE?

No. Most elimination occurs through the kidney, and persons with impaired kidneys will naturally eliminate less and store more fluoride. The rate of storage varies with the individual.

### CAN FLUORIDE DOSAGE BE CONTROLLED?

No. The case for fluoridation is based upon the premise that everyone drinks about

four glasses of water daily, which at 1 ppm contains 1 mg of fluorine.

Smelter workers and diabetics drink many times the so-called average amount of water. They may get ten times the recommended dosage. The child who drinks mostly fruit juice or milk may get almost none.

### DO WE GET FLUORINE IN ANY OTHER WAY?

Yes. Seafoods, peas and tea are rich in fluorine. Foods and beverages processed with fluoridated water contain fluorides. Meat from animals pastured near smelters may contain a high concentration of fluoride.

Many people take in enough fluoride to give them chronic fluorine poisoning even without drinking fluoridated water.

### ARE SOME PEOPLE FLUORINE-SENSITIVE?

Yes -- just as some people get red rash from sulfa or hives from penicillin. This sensitivity or allergy to fluoride differs from true chronic fluoride poisoning, which develops more gradually over a period of months or years from the cumulative character of fluoride.

### CAN FLUORIDES AFFECT HEART CASES?

After eight years of fluoridation, this was the picture in Newburgh, N.Y. (Newburgh News, Jan. 27/58):

Deaths per 100,000 from heart disease  
Newburgh. . . . . 882  
U.S. Average. . . . . 507

And this is the picture for Grand Rapids, Mich.: Deaths per 100,000 caused by --

	Heart Disease	Cancer
Grand Rapids	403.9	189.2
Mich. Average	322.1	136.3
	Stroke	Diabetes
Grand Rapids	149.6	32.3
Mich. Average	100.1	22.6

### WHAT ABOUT CANCER AND FLUORIDE?

The above tables speak for themselves. Dr. Alfred Taylor (University of Texas), who fed cancer-prone mice on water containing 1 ppm fluorine, found that their lives averaged about 9% shorter than the 'control' series of mice fed on pure water. His findings were confirmed by a second series of experiments using 645 mice.

### IS FLUORIDATION LIKE CHLORINATION?

Only in the sense that a chemical is added to water. Chlorine is added to bring about the destruction of disease germs in the water. It acts on the water. But fluorides are added to change the composition of teeth. They act on the person, as a medication.

## - EDUCATIONAL - BOOKS -

### FLUORIDATION UNMASKED

By Fanchon Battelle 10¢

### FLUORINE IN YOUR DRINKING WATER

Item No. 106 3¢ ea., 50 copies \$1.00

### THE AMERICAN FLUORIDATION EXPERIMENT

By F. B. Exner, M.D., and G. L. Waldbott, M. D. \$3.75

### THE DRAMA OF FLUORINE

By Leo Spira, M.D. \$2.00

### THE AGE OF TREASON, PART 1

By Dr. R. Swinburn Clymer \$3.00

—discusses many planned methods developed for mental deterioration and moral debasement of the individual, among them fluoridation.

### THE AGE OF TREASON, PART 2

By Dr. R. Swinburne Clymer \$3.00  
—covers Mental Health, modern drugs, "happy" pills, etc.

Order from

Christian Educational Assn.  
Union, New Jersey

## Common Sense\*

Union, New Jersey, U.S.A.

Conde McGinley, Editor

One year's subscription, \$1; Three years for \$2.50. First Class (Sealed) — \$3.00 per year. Foreign, 10 months, \$1.00

In BULK, same issue or assorted

25 Copies — \$ 1.00

100 Copies — 3.00

500 Copies — 10.00

## Common Sense\*

Published twice monthly except July and August, once each, by Christian Educational Assn., 530 Chestnut Street, Union, N. J.

\*Trade Mark Registered U.S. Patent Office